

# HOW TO HELP YOUR SENIOR PET IN THEIR GOLDEN YEARS



#### BECOME YOUR VET'S BFF

Visit your vet every six months.

Regular check-ups can help identify any underlying illnesses and diseases.

Early detection of diseases may be the key to more effective treatment.



#### MEAL PLAN MAKEOVER

Choose a diet (with your vet's help) specifically formulated for senior pets.

Factors that can impact a pet's diet:

- Age
- Lifestyle
- Obesity
- Mobility issues
- Diseases

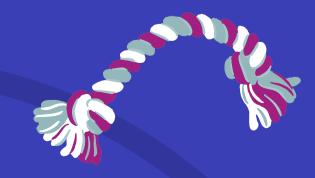


#### KEEP THE MIND SHARP

Food puzzles are a great way to keep your pet's mind active.

For more active pets, keep lots of toys on hand for playtime!

If you become concerned by a change in your older pet's mental state, talk to your vet as soon as possible.



#### STAY ACTIVE

Continue exercising with your pet, but keep in mind they may be slower than when they were younger.

Be conscious of your pet's limitations (e.g. mobility issues) and tailor exercise to their needs.

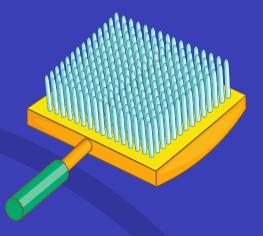
If your pet seems tired, stop and don't push them.



### LOOK GOOD, FEEL GOOD

Senior cats may have trouble managing their hygiene themselves. Gently brush their coat to prevent matted hair.

Pay attention to your pet's teeth. Treat their pearly whites to a brushing or invest in dental treats and chew toys.



#### HOME IMPROVEMENTS

Use soft bedding and cover hard surfaces with blankets where they lie down.

If your pet needs to use the stairs, see if you can use ramps or pet stairs.

Make sure your pet's necessities are easily accessible. Place litter boxes, food, and water on every floor.



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